

2020 spexScholarship Programme

1. spexSCHOLARSHIP

spexSCHOLARSHIP The Sports Excellence Scholarship (*spexScholarship*) provides **an enhanced level of support for athletes within the HPS pathway.**

This includes financial and programme support to prepare athletes to excel at the Major Games at Asian and World levels.

Besides developing the athletes sporting potential, the *spexScholarship* will also assist athletes in their education, career, and personal development with the aim of developing role models for Singapore's youth and playing leadership roles in their respective communities.

The *spexScholarship* supports talented athletes along the pathway at the different tiers:



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2. ELIGIBILITY & SELECTION CRITERIA

ELIGIBILITY

In order to be eligible for the *spex*Scholarship, athletes must be:

- ✓ Singapore citizens who are of good character
- ✓ *spex*Carded athletes endorsed by their NSA
- ✓ Demonstrate potential for further development along the HPS Pathway
- ✓ Able to commit to the demands of a full-time training load
- ✓ In medal contention for major games and world level events

ASSESSMENT CRITERIA FOR *spex*SCHOLARSHIP

a. **Training commitment:**

Training volume profile (> 12 months) of the athlete will be benchmarked against the volume of a full-time training load specific to their sport (typically 10-12 sessions per week, 20-30 hours per week)

b. **Sports Performance:**

Sports performance track record (>12 months) will be benchmarked against the standards of the medallists (Gold, Silver and Bronze) at the respective major Games. For example, an athlete at the Asian Games level will be benchmarked against the standards at the Asian Games or equivalent competition.

c. **Attitude and Behaviour:**

This will come in the form of character reference from Coaches / administrators / peers and, if necessary, independent character reference. SSI Sport Psychologists will also be present during the interview sessions.

d. **Performance and Laboratory Tests:**

Such tests will be conducted only when necessary and on a case-by-case basis. For example, aerobic capacity test to differentiate the potential between two endurance athletes; cognitive performance and motor skill tests for skill-based sports.

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3. NOMINATION & SELECTION PROCESS

WHO CAN NOMINATE?

The spexScholarship is open each year to nominations by any NSA. Concurrently SSI may also nominate exceptional sporting talents identified through the talent-ID programme.

Self-nominations will not be considered.

SELECTION PROCESS

All eligible nominations will be evaluated by HiPAL, SSI and potential candidates shortlisted. An Interview Panel made up of a pool of sport specialist including 3 core members from SSI, will then interview the shortlisted candidates.

The Interview Panel's recommendations for inclusion into the spexScholarship Program will go to a SportSG spexScholarship Committee and then ratified by the High Performance Sport (HPS) Steering Committee.

DEADLINE FOR NOMINATIONS

All completed hard-copy nominations from NSAs should be submitted to **HiPAL, SSI by 13 September 2019, 6pm.**

All soft-copy nominations from NSAs should also be forwarded to sport_hps@sport.gov.sg

AWARD & NOTIFICATION

All nominated candidates will be informed of the outcome of their application by 28 February 2020.

Athletes selected to the scheme will be invited to commence the programme on **1 April 2020.**

IMPORTANT

Athletes/Coaches must submit their completed nomination forms to their respective NSA by **23 August 2019, 6pm.**

NSAs must submit all endorsed nominations to HiPAL, SSI by 13 September 2019, 6pm.

Please note that late and/or incomplete submissions will **not** be considered.

ENQUIRIES

Please contact HPS team at sport_hps@sport.gov.sg should you have any further queries.

2020 spexScholarship Programme

4. HOW TO APPLY

- ATHLETE STEP 1** → Go online to: <https://www.sportsingapore.gov.sg/athletes-coaches/singapore-sports-institute/high-performance-sports/high-performance-planning> and download a copy of the following:
- spexScholarship Nomination Form – Part A
 - spexScholarship Nomination Form – Part B
 - NSA Readiness Assessment Form – Part C
- (Type or write directly into the fields of the forms. Upon completing all the fields, print and sign the forms accordingly.)
- ATHLETE STEP 2** → Complete **Nomination Form - Part A**.
- Save and submit softcopy of your completed nomination form to your NSA
 - Print 2 hardcopies of your completed nomination form, keep 1 copy for your own reference and **submit 1 signed copy (sign under Section H) to your NSA by 6 September 2019, 6pm.**
- ATHLETE STEP 3** → Complete **Nomination Form – Part B, Section A** (Nominee Details) and send softcopy to **your coach to complete and send to your NSA by 6 September 2019, 6pm.**
- NSA STEP 1** → If the nomination is endorsed by NSA, sign and date the submitted hardcopy from athlete under **Nomination Form – Part A, Section H**.
- NSA STEP 2** → Ensure that **Nomination Form - Part B** is completed with coaches' assessment.
- NSA STEP 3** → NSA High Performance representative is to complete the **NSA Readiness Assessment Form – Part C**.
- NSA STEP 4** → Save and print a copy of all completed nomination forms - Part A, B and C.
- NSA STEP 5** → If there are multiple applicants within the same carding level in your sport, you should **attach an additional sheet and list and rank those applicants** in descending order starting with those with strongest performance profile.
- NSA STEP 6** → Submit all completed softcopy forms to sport_hps@sport.gov.sg and all endorsed nominations in hardcopy to SSI at:
- High Performance & Athlete Life
Singapore Sport Institute
Sport Singapore
3 Stadium Drive, Singapore 397630**
- NSAs must submit all endorsed nominations to HiPAL, SSI by 13 September 2019, 6pm.**