Annex D

"The Singapore Sports Medicine Network is a valuable opportunity for us to work with our partners at the Singapore Sports Institute to provide quality healthcare for our national athletes. It is congruent with our motto “Your Partner in Sports and Exercise”. I believe it is through long term collaborative efforts like this where we can tap on and learn from each other that we can adapt to the needs of the sports and exercise community and provide quality healthcare to them” - Dr Jason Chia, Head, Sports Medicine & Surgery Clinic, TTSH,

Tan Tock Seng Hospital
FACT SHEET

Tan Tock Seng Hospital (TTSH) is one of Singapore’s largest multi-disciplinary hospitals with more than 160 years of pioneering medical care and development. The hospital has 36 clinical and allied health departments, 15 specialist centres and is powered by more than 6,000 healthcare staff. TTSH sees over 2,000 patients at its specialist clinics and some 460 patients at its emergency department every day. TTSH is part of the National Healthcare Group, providing holistic and integrated patient care.

With a strong quality culture steeped in patient safety, TTSH constantly challenges itself to provide faster, better, cheaper and safer care for patients. To achieve this, the hospital keeps abreast and believes in investing in its staff, facilities, medical technology and system improvements. In recognition of its commitment to excellent patient care and its comprehensive range of quality healthcare services, TTSH has been awarded the ISO 9001 certification and the prestigious Joint Commission International (JCI) accreditation.

About Tan Tock Seng Hospital’s Sports Medicine and Surgery Clinic

Mr Oon Jin Teik, then CEO of Singapore Sports Council officially opened the TTSH Sports Medicine and Surgery Clinic on 25 November 2010.

Established in early 2009, the clinic has been providing a range of services for sports injuries and performance improvement. Its multidisciplinary team tackles upper and lower limbs injuries, post-surgical care, foot problems, weight management and injury prevention.
Built on the philosophy 'Your Partner in Sports and Exercise', the clinic aims to be a companion to those who seek maximum benefits from regular exercise and to professional athletes.

The TTSH Sports Medicine and Surgery Clinic was established to take care of the increasingly active population in Singapore, to provide a range of services ranging from sports injury management to fitness testing and exercise prescription for health and fitness, and sports performance enhancement.

The team is committed to providing care for everyone, from the elite athletes to members of the public, from the aged to the adolescents. The multidisciplinary team is geared towards providing the most appropriate solution for each individual’s sporting and exercise need.

The team comprises of Consultant Orthopaedic Surgeons with special interests in the management of Upper and Lower Limbs Sports Injuries, Sports Physician and Sports Physiotherapists trained in non-surgical management as well as post-surgical care of sports injury, and Podiatrists versed in the care of foot problems for the sportsman. We have a foot and ankle surgeon also for the surgical aspect and an exercise physiologist who takes care of exercise testing, prescription for sports performance enhancement and for managing of chronic diseases.

The Sports Physician and Sports Physiotherapists are also trained in exercise prescription and training for health problems such as weight management, and for injury prevention.