

Evergreen Badminton (Vision)

- Evergreen Vs SSP Finals zonal
- Evergreen 4 divisions in Semi Finals
- Determination
- Zonal Power House

EVG Badminton (Values)

Respect

1. Self-respect. - Knowing their strength & weaknesses.
2. Mutual respect. - Greeting and pay attention.
3. The game. - Play to whistle, no talking back.
 - No taunting opponent.

Integrity

1. No foul play.
2. Accountability. - Training area: canteen, cage.
 - Equipment
3. Own up when injured so as not to be a liability to the team.

Commitment

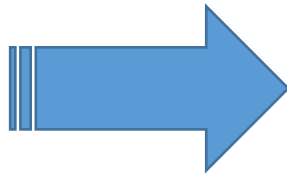
1. Standing up for teammates
2. Helping each other on/off field
3. 100% attendance & readiness for training
4. Seniors take care of juniors

Enterprise

1. Put in their best effort.
2. Ownership of the team. - Leader debriefs.
3. Problem solving. - Training: game scenarios
 - Not afraid to make mistakes and learn

Team Evergreen Cross country 3Rs to winning (Vision)

- Respect
- Resilience
- Responsibility



Results

Evergreen Cross Country (Values)

Respect

1. Be courteous to teachers, peers, officials and opponents.
2. Bring “10 items” for all trainings.
3. Properly attire for all trainings.

Integrity

1. Be honest about late coming, injuries and illnesses.
2. Do self-training as instructed.
3. Do not take short-cuts during trainings. (cut corners)

Commitment

1. Be punctual.
2. Take care of health (No junk food, do not skip meals and eat fruits for trainings) and studies (Submit work on time and do not sleep in class).
3. Give your 100% in everything.

Enterprise

1. Deconflict schedules.
2. Know your weaknesses, seek help to improve.
3. Adapt to all training conditions. (stairs, swimming, etc.)

Year 2020: SHS NETBALL
*in the news.

- Double-"champ": trophy and values
- Giving back to society: not just an athlete eg. teaching/playing netball with para-athletes.

~~the~~ consistently.

- Extraordinary display of resilience/perseverance/hardwork/team spirit (lasting and huge)
- Positive impact of coach & teacher & on students' character.

Discipline 1) Being fully attired and mentally ready to start training at appointed time.

2) Showing respect to teachers/coaches/opponents by greeting.

3) Self-directed training without supervision - integrity in fulfilling coach's instructions

Caring: 2) Taking initiative to offer to clean netball area/equipment,

buy energy food, top-up water bottle
⇒ ^{help} in homework (study groups)

⇒ [^] encourage/support positive self-talk

Netball

Confident: being daring on court

- taking shots within their range
- passing when they see the options
- speak up ^{politely} on/off court

e.g. asking umpires to clarify on calls made

e.g. speaking openly/sensitively with teammates/coaches/teachers

- cheering loudly on court for each other.

Adibah*

Nikhil

- DISCIPLINE (C)
- INTEGRITY (C)
- PASSION (A)
- TEAM BEFORE SELF (A)(C)
- RESPONSIBILITY (C)
- STUDENT ATHLETES (A)(B)(C)
- SELF BELIEF (B)
- COMPASSION < TEAMMATES (A)
OPONENTS
- SELF RESPECT (A)(B)
- "WINNING ISN'T EVERYTHING (B)
HILDAN HOCKEY BUT THE WILL TO WIN IS
EVERYTHING"
- "BUILDING TRUE CHAMPIONS"

A. Caring
B. Confident
C. Discipline

SCH

HOCKEY

CARING

PASSION
TEAM BY SELF
STUDENT ATHLETE
SELF RESPECT

- # FOLLOW SCH RULES CLOSELY - BE A GOOD STUDENT
- # BE THERE FOR EVERYONE (JOYFUL AND/OR DOWNTIME ETC)
- # Reminding others when they stepped out of line (more of my biz!)

CONFIDENT

STUDENT ATH
SELF RESPECT
WINNING MINDSET
SELF BELIEF

- # TRAIN HARD, PLAY HARDER
- # POSITIVE MINDSET
→ never give up, keep trying, encourage others
- # LEADING A POSITIVE BALANCED LIFE
ACAD / CCA

DISCIPLINE

DISCIPLINE
INTEGRITY
TEAM RESPONSIBILITY
STUDENT ATHLETE

- # Game rule + CCA protocol
- # A real champion of values on and off the pitch - (Consistency)
- # Understand Causal and effect (growth)

Hockey

Behavioural Standards

Check

ACT

Reinforce

→ EVERYONE'S
RESPONSIBILITY

MICRO

- B DIV - GLENN, EDWIN
C DIV - NIZAR + UZI

MACRO

EDWIN

Working with teachers (FT + subj)

DDC

Parents

SCHOOL LEVEL offences (Coach updated)

→ he will reinforce

No double punishment (we all on same pg!)

unless nature of offences ⇒ is to

possible expulsion offence from CCA.

Hockey