

2024 spexPotential Programme (new)

1. spexPotential

spexPOTENTIAL The Sport Excellence Potential (*spexPotential*) programme aims to provide additional scaffolding of enhanced support for the next layer of athletes within the HPS pathway to achieve the following objectives:

- i) Strengthen the support for the transition and bridging of the jump between *spexCarding* and *spexScholarship* for athletes;
- ii) Strengthen support for the transition of promising athletes to Gold medal success at the SEA Games level within four years through a targeted support system; and
- iii) Spur NSAs to commit to establish long-term plans and targets, including putting in place suitable technical leadership required to drive the plans and achieve the targets, so that the NSAs have effective oversight on their HPS pathways and the support overlay required.

These includes financial and programmatic support to prepare athletes to excel at the Major Games at SEA levels.

Besides developing the athletes sporting potential, the *spexPotential* programme will also assist athletes in their education, career, and personal development with the aim of developing role models for Singapore's youth and playing leadership roles in their respective communities.



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2. ELIGIBILITY & SELECTION CRITERIA

ELIGIBILITY

In order to be eligible for the *spex*Potential programme, athletes must be:

- ✓ Singapore citizens who are of good character
- ✓ *spex*Carded athletes endorsed by their NSA
- ✓ Demonstrate potential for further development along the HPS Pathway
- ✓ Able to commit to the demands of a full-time/ required training and competition load
- ✓ In medal contention for Major Games and competitions at the relevant benchmark levels

ASSESSMENT CRITERIA FOR *spex*POTENTIAL

a. **Training commitment:**

The training volume profile (>12 months) of the athlete will be benchmarked against the volume of a training load specific to their sport (typically 8-10 sessions per week, 15-20 hours per week, 40 weeks per year).

b. **Sports Performance:**

Sports performance track record (>12 months) will be benchmarked against the standards of the medallists (Gold, Silver and Bronze) at the Southeast Asian Games level, with critical assessment on athlete's potential to transit to the *spex*Scholarship within two to four years.

c. **Attitude and Behaviour:**

This will come in the form of character references from Coaches/administrators/peers and, if necessary, independent character references. SSI/ NYSI Sport Psychologists may be present during the interview sessions.

d. **Performance and Laboratory Tests:**

Such tests will be conducted only when necessary and on a case-by-case basis. For example, aerobic capacity test to differentiate the potential between two endurance athletes; cognitive performance and motor skill tests for skill-based sports.

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3. NOMINATION & SELECTION PROCESS

WHO CAN NOMINATE?

The spexPotential programme is open each year to nominations by any NSA (similar to spexScholarship). NSAs should only nominate athletes whose assessed potential and track record meet the relevant benchmarks set for the spexPotential programme (instead of nominating all their athletes for the spexScholarship and leave it to SSI/NYSI to determine whether the athletes are eligible for spexPotential instead).

Self-nominations will not be considered.

SELECTION PROCESS

All eligible nominations for the spexPotential programme will be evaluated by the SSI and NYSI, with potential candidates shortlisted. An Interview Panel made up of a pool of sport specialists from SSI and NYSI will interview the shortlisted candidates.

The Interview Panel's recommendations for inclusion into the spexScholarship Programme will go to a spexPotential Selection Committee for approval.

DEADLINE FOR NOMINATIONS

Nominations from NSAs should be submitted to **[NYSI via enquire@nysi.org.sg](mailto:enquire@nysi.org.sg)** from **1 September to 20 October 2023, 6pm.**

AWARD & NOTIFICATION

All nominated candidates will be informed of the outcome of their application by 28 February 2024.

Athletes selected to the scheme will be invited to commence the programme on **1 April 2024.**

IMPORTANT

Athletes should notify their NSA of their intent to be nominated by **1 October 2023, 6pm.** This is to allow for sufficient time to submit the nomination via **enquire@nysi.org.sg** before the deadline.

NSAs shall make assessment and complete the nomination process for the athlete via SportSync by 20 October 2023, 6pm.

Please note that late and/or incomplete submissions will **not** be accepted.

ENQUIRIES

Please contact HPS team at **sport_hps@sport.gov.sg** should you have any further queries.

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4. HOW TO APPLY

- ATHLETE STEP 1** → Contact and inform your NSA of your intent to be nominated for the spexPotential.
- NSA STEP 1** → NSA shall make an assessment of the athlete's potential for the spexPotential programme according to the eligibility and assessment criteria.
- NSA STEP 2** → If the athlete meets the criteria and the NSA would like to nominate the athlete for the spexPotential, NSA shall:
- i) Download the spexPotential Nomination Forms (Part A - C)
- NSA STEP 3** → Verify the Athlete's application; select the relevant achievements of the Athlete; and provide an assessment of the Athlete's targets and potential. Complete the NSA Readiness Assessment.
- NSA can supplement the athlete's application by uploading relevant supporting documents. NSA should also upload the completed Coach Evaluation Assessment (completed offline). This is a compulsory supporting document for the nomination.
- Once ready to send the nomination, send completed forms to NYSI via enquire@nysi.org.sg
- NSAs must make all nominations by 20 October 2023, 6.00pm.**
- If there are multiple nominations from the sport, NSA shall prepare a ranking list of all the applicants, starting with the Athlete with the strongest performance profile, and email it to your SSI Sport Performance Manager by 20 October 2023, 6.00pm.**