

# 2023 spexScholarship Programme

## 1. spexSCHOLARSHIP

**spexSCHOLARSHIP** The Sports Excellence Scholarship (*spexScholarship*) provides **an enhanced level of support for athletes within the HPS pathway.**

This includes financial and programmatic support to prepare athletes to excel at the Major Games at Asian and World levels.

Besides developing the athletes sporting potential, the *spexScholarship* will also assist athletes in their education, career, and personal development with the aim of developing role models for Singapore's youth and playing leadership roles in their respective communities.

The *spexScholarship* supports talented athletes along the pathway at the different tiers:



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## 2. ELIGIBILITY & SELECTION CRITERIA

### ELIGIBILITY

In order to be eligible for the *spex*Scholarship, athletes must be:

- ✓ Singapore citizens who are of good character
- ✓ *spex*Carded athletes endorsed by their NSA
- ✓ Demonstrate potential for further development along the HPS Pathway
- ✓ Able to commit to the demands of a full-time training load
- ✓ In medal contention for major games and world level events

### ASSESSMENT CRITERIA FOR *spex*SCHOLARSHIP

#### a. **Training commitment:**

Training volume profile (>12 months) of the athlete will be benchmarked against the volume of a full-time training load specific to their sport (typically 10-12 sessions per week, 20-30 hours per week)

#### b. **Sports Performance:**

Sports performance track record (>12 months) will be benchmarked against the standards of the medallists (Gold, Silver and Bronze) at the respective major Games. For example, an athlete at the Asian Games level will be benchmarked against the standards at the Asian Games or equivalent competition.

#### c. **Attitude and Behaviour:**

This will come in the form of character reference from Coaches / administrators / peers and, if necessary, independent character reference. SSI Sport Psychologists will also be present during the interview sessions.

#### d. **Performance and Laboratory Tests:**

Such tests will be conducted only when necessary and on a case-by-case basis. For example, aerobic capacity test to differentiate the potential between two endurance athletes; cognitive performance and motor skill tests for skill-based sports.

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## 3. NOMINATION & SELECTION PROCESS

### WHO CAN NOMINATE?

The spexScholarship is open each year to nominations by any NSA. Concurrently SSI may also nominate exceptional sporting talents identified through the talent-ID programme.

Self-nominations will not be considered.

### SELECTION PROCESS

All eligible nominations will be evaluated by HiPAL, SSI and potential candidates shortlisted. An Interview Panel made up of a pool of sport specialists from SSI will interview the shortlisted candidates.

The Interview Panel's recommendations for inclusion into the spexScholarship Programme will go to a SportSG spexScholarship Selection Committee and then ratified by the High Performance Sport (HPS) Steering Committee.

### DEADLINE FOR NOMINATIONS

Nominations from NSAs should be submitted to HiPAL, SSI via SportSync from 21 September to 21 October 2022, 6pm.

### AWARD & NOTIFICATION

**All nominated candidates will be informed of the outcome of their application by 28 February 2023.**

Athletes selected to the scheme will be invited to commence the programme on **1 April 2023.**

### IMPORTANT

Athletes should notify their NSA of their intent to be nominated by **14 October 2022, 6pm.** This is to allow for sufficient time to submit the nomination via SportSync before the deadline.

**NSAs shall make assessment and complete the nomination process for the athlete via SportSync by 21 October 2022, 6pm.**

Please note that late and/or incomplete submissions will not be accepted.

### ENQUIRIES

Please contact HPS team at [sport\\_hps@sport.gov.sg](mailto:sport_hps@sport.gov.sg) should you have any further queries.

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## 4. HOW TO APPLY

- ATHLETE STEP 1** → Contact and inform your NSA of your intent to be nominated for the spexScholarship.
- NSA STEP 1** → NSA shall make an assessment of the athlete's potential for the spexScholarship programme according to the eligibility and assessment criteria.
- NSA STEP 2** → If the athlete meets the criteria and the NSA will like to nominate the athlete for the spexScholarship, NSA shall:
- i) Log in to SportSync (<http://www.sportsync.sg>)
  - ii) In the spexScholarship module, select "Invite for spexScholarship" to send an invite to the athlete to start the application process.
- ATHLETE STEP 2** Log in to your SportSync account to accept the invitation for nomination.
- Fill in the required information and update your profile with your sporting achievements in the last 12 months.
- Save your changes and accept the declaration. Inform your NSA that you have updated your application.
- For athletes below 18 years, the parent/guardian will have to accept the invitation in their own ActiveSG account before the minor athlete is allowed to complete the application process in his/her SportSync account.
- NSA STEP 3** → Log in to SportSync and click on "Apply spexScholarship". Verify the Athlete's submission; select the relevant achievements of the Athlete; and provide an assessment of the Athlete's targets and potential. Complete the NSA Readiness Assessment.
- NSA can supplement the athlete's application by uploading relevant supporting documents into SportSync. NSA should also upload the completed Coach Evaluation Assessment (completed offline) into SportSync. This is a compulsory supporting document for the nomination.
- Once ready to send the nomination, click on "Submit Application".
- NSAs must make all nominations by submitting via SportSync by 21 October 2022, 6.00pm.**
- If there are multiple nominations from the sport, NSA shall prepare a ranking list of all the applicants, starting with the Athlete with the strongest performance profile, and email it to your SSI Sport Performance Manager by 21 October 2022, 6.00pm.**