

## **Frequently Asked Questions**

### **1. What is Continuing Coach Education (CCE) Programme?**

The Continuing Coach Education (CCE) programme gives coaches the platform to gradually upgrade themselves in their area of coaching. Sport Singapore believes that coaches are able to deliver higher standards of coaching as they become more proficient and knowledgeable.

### **2. What is the modifications to the CCE hours requirement about?**

Self-Guided CCE hours will be included as part of the Continuing Coach Education (CCE) programme. Coaches can now opt to fulfil certain CCE hours (see [Table 1](#)) through self-guided learning and reflection (see [Table 2](#)). Reflection examples and templates can be found on our [CCE webpage](#).

### **3. Why is there a revision to the CCE hours requirements?**

This modification in the CCE programme is made through consultation with coaches and the Sports Coaches Association of Singapore (SCA).

Recognition of Self-Guided CCE hours encourages coaches to be self-directed learners, especially since coaches may have learning needs specific to their sport and context. In addition, Self-Guided CCE hours gives coaches additional flexibility in fulfilling CCE hours requirement.

Critical self-reflection is vital to the continued success of coaches as coaches often learn without the direct guidance of others during coaching activities. Self-Guided CCE hours will allow coaches to reflect upon and record these learning from their day-to-day coaching practices.

### **4. What are the new requirement for coaches?**

NROC Level	Min. Coaching Practice Hours	Min. Coaching Education Hours	
		Attendance CCE Hours	Self-Guided CCE Hours
Level 1 (Coach)	15	12	Not more than 3
Level 2 (Senior Coach)	36	12	Not more than 12
Level 3 (Master Coach)	70	12	Not more than 18

### **5. What are some of the examples of Self-Guided CCE activities?**

- a. Watching coaching-related videos
- b. Reading coaching-related books, magazines or journal articles
- c. Conversation with coaches related to coaching
- d. Other educational activities not covered by attendance based activities (check with CoachSG)

**6. What do I have to do after I complete a Self-Guided CCE activity?**

Upon completion of a Self-Guided CCE activity, coaches will have to complete a reflection and upload it to SportSync. Please refer to this [link](#) for examples of reflection.

**7. How do I submit the completed reflection?**

You have to login to SportSync using your ActiveSG account or SingPass. You may follow the steps in the document titled '*Steps to Upload Reflection onto SportSync*' which can be downloaded [here](#).

**8. How many hours can I clock for each submission of reflection?**

You can only clock 1 hour for each completed reflection.

**9. Where can I find the self-reflection template?**

You may download it from this [link](#).